

Warren SENTINEL

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Photo By Airman Tessa Cubbon

Movie Night Increases Warren's Coolness Factor

Airman 1st Class Lauren Hasinger
Public Affairs

For the past six weeks, airmen have been gathering in great numbers at the First Term Airmen Center Wednesday evenings for movies, games, free food, billiards and a fridge full of free sodas.

Senior Airman Dejournette Walker, 20th Air Force, Airmen 1st Class Emily Antonietti, 790th Missile Security Forces Squadron and Jeremy Messer, 90th Operations Group, founded Movie Night together

as a way for airmen on base to meet each other. Wednesday is arguably the most boring night of the week, according to Amn. Antonietti. This is a way for airmen to get out of the dorms and enjoy two big screen TVs, a new pool table, several play stations, new leather sofas, air hockey, foosball, free pizza, fried chicken and sodas.

Movie Night begins at 6 p.m. and lasts until the last person leaves, generally around 11:30 p.m.

"This is all for the sake of morale," said Amn. Antonietti. "It was slow at first, but it's

been improving steadily every week."

"I look forward to coming for the free food and the company of my friends," said Airman 1st Class Victor Ferrer-Estrella, 90th Missile Maintenance Squadron missile maintainer and Movie Night patron. "I like playing billiards and video games."

Wednesday nights at FTAC, though once deserted, are now full of airmen engaging in games of pool, watching movies, eating pizza and building camaraderie.



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Kids Put Things in Perspective

Kari Tilton
Ogden Air Logistics Center Public Affairs

HILL AIR FORCE BASE, Utah — Today started out to be “one of those days.” My inability to roll out of bed to my blaring alarm at 5:30 a.m., sharp, snowballed.

The outfit I was planning to wear had a stain that I didn’t notice yesterday, and wouldn’t you know it, everything else in my closet was wrinkled.

Ironing at 5:45 a.m. isn’t usually on my to-do list, but I was pleased to be able to watch the morning news while I did my chores. “Politics, politics, politics,” I sigh to myself. “Can’t we just all get along?”

When I let my dog out to take care of her morning must-dos, she quickly began barking at something lurking in the bushes. Sworn to protect our family at any cost and ignorant to my reassurances, she refused to come in the house.

Hot steam poured from my flaring nostrils as I chased her around the back yard, yelling in a whisper as to not wake the neighbors. Did I mention it was 21 degrees outside?

My daughter, age 5, was less than cooperative in getting herself dressed for school. Of course, I can’t blame her.

She’s in kindergarten now and has a lot on her mind. Where did she put the stuffed kitten that she wanted to take for show-and-tell today?

While she searched, I scanned the fully-stocked cupboards, looking for something she might actually eat. We settled on an instant breakfast shake and an apple. She didn’t want the skin. To keep the peace, I peeled.

Finally in the car and on our way, I gave myself a little internal pat on the back, impressed by my ability to pull things together and get out the door only 10 minutes late. As we sat at our fourth stoplight of the morning — I always get the red ones when I’m running late — my daughter pointed out a large U.S. flag, illuminated and swaying in the light morning breeze.

“Mom, the red stripes are for all the blood shed for our country,” she said. “My teacher told me. I can’t remember what the white stripes are for, though, mom. Do you know?”

In an instant, my thoughts did an about-face as I stumbled to answer her question.

“I think the white stripes stand for our nation’s pure ideals,” I said.

I tried to keep it simple. “That means EVERYONE has the same rights. We are all allowed to believe what we want, to say what we feel, to go to church where we choose, to learn, to have dreams and to have jobs. Some people in other countries don’t have those rights. Our country is special,” I added.

“Oh,” she says staring out the car window. I don’t think she understood.

“Mom,” she continued, “did you put a good juice box in my backpack, or one of those yucky ones?” Her 5-year-old, faster-than-the-speed-of-light attention span had shifted.

I sat in silence for the rest of our drive together and I pondered the flag. My daughter hummed quietly, without a care in the world.

“What a lucky little girl she is to have been born under this flag,” I thought to myself.

Today, my daughter helped me realize just how lucky I am. It seems that so many of us take our liberties for granted.



Hoops' Shots

As you all know, early this week our wing practiced a full recall and used this as an opportunity to update you on our progress to achieve a responsible drinking culture. The numbers show considerable improvement and I know they will get even better as our fuller plan gains steam from last Friday’s terrific Focus Day.

One recent trend, however, has my attention and concern. We’ve made great strides to increase awareness of responsible drinking norms (like 0-0-1-3). Moreover, our people are going to great lengths to bring their fellow airmen home safely without getting behind the wheel. These are significant improvements and we must keep this up. However, we can’t allow ourselves to think that providing a ride home is the end of our responsibilities nor the sole goal of our efforts. To be sure, traffic accidents are the leading cause of violent death in the US and alcohol is the major contributing factor. So, we can’t let up on DUIs.

What concerns me are recent incidents where alcohol use exceeded our 0-0-1-3 standard in the first place. For every point a person’s blood alcohol exceeds 0.05% they are almost exponentially more likely to cause, participate in or be the victim of a dangerous behavior.

Drunk driving is the most universally recognized of these adverse consequences but so are assaults, sexual assaults, domestic violence, disease, property damage and even death. These dangerous and often criminal behaviors occur without regard to driving. While we celebrate the safe return of an intoxicated friend by a designated driver, the tragedy is that this same individual may go on to assault their spouse at home, sexually assault someone or be sexually assaulted themselves, fall into the kind of drunken stupor where they may die if left unattended and more.

The only way to avoid these problems is not just to deal with the aftereffects of high risk drinking - getting them home safe and even watching them constantly until they are sober - but to keep them from irresponsible drinking in the first place. If you are drinking more than three drinks in one night, you are drinking to get drunk - period. And you put yourself and others at incredible risk - even if you have a ride home - even if you are only drinking at home.

Fortunately we

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Warren
SENTINEL

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Direct questions or comments to the SENTINEL at 773-3381 or e-mail at Sentinel@warren.af.mil.

Editorial Staff

Col. Evan Hoapili
90th Space Wing Commander

Capt. Warren Neary
Chief, Public Affairs

1st Lt. Matthew Bates
Deputy Chief, Public Affairs

1st Lt. Nicole Walters
OIC of Internal, Public Affairs

Staff Sgt. Kurt Arkenberg
NCOIC of Internal, Public Affairs

Airman 1st Class Lauren Hasinger
Sentinel Staff Writer

Airman Tessa Cubbon
Sentinel Layout and Design

What Over-The-Counter Medications Are Approved For Use by PRP Individuals?

In compliance with the new Air Force and Space Command approved over-the-counter (OTC) medication list, dated May 14, 2003, and in coordination with the Air Force Space Command PRP Competent Medical Authority, the following is the new approved OTC medication list.

Without a medical evaluation, PRP individuals may use the following OTC medications —provided they have had no problems with the medication in the past. Any individual who is on an OTC medication that is not on this list must have it authorized and recorded in their medical

record by their primary care manager (PCM). Their PCM should document that the member has used this medication before without side effects. For more information, call the 90th Medical Group PRP office at 773-3580.

Analgesics

- Acetaminophen (e.g., Tylenol)
- Aspirin
- Caffeine in combination with aspirin or acetaminophen (e.g., Excedrin)
- Ibuprofen (e.g., Motrin, Advil)
- Magnesium Salicylate (e.g., Doan's)
- Naproxen (e.g., Naprosyn)

- Topical analgesics (e.g., Icy Hot, Ben-Gay, Deep Heating Rub)

Cold/Flu Remedies

- Analgesic lozenges/spray (e.g., Cepacol with Benzocaine)
- Chloroseptic lozenges (with Benzocaine) and spray
- Cough drops (e.g., Vicks, Halls)
- Guaifenesin cough syrup (e.g., Robitussin [plain] - ensure that Guaifenesin is the only active ingredient)
- Oxymetazoline or Phenylephrine
- Nasal sprays (e.g., Afrin)
- Pseudoephedrine Hydrochloride (e.g., Sudafed)

Gastrointestinal Remedies

- Antacids (e.g., Maalox, Mylanta, Tums)
- Antidiarrheals (e.g. Imodium A-D)
- Antigas (e.g., simethicone)
- Bismuth Subsalicylate (e.g., Pepto-Bismol)
- Hemorrhoidal creams/ointments/suppositories (e.g., Preparation H)
- Kaolin (e.g., Kaopectate)
- Laxatives (e.g., Milk of Magnesia, Psyllium Hydrophilic [Metamucil])
- Natural lactase enzyme (e.g., Lactaid)
- Stool softeners (e.g., Colace)

Skin Preparations

- Antidandruff shampoos
- Antiseptic creams/ointments (e.g., Bacitracin, Neosporin)
- Moisturizers (e.g., Eucerin)

- Topical antifungal agents (e.g., Desenex, Lamisil)
- Topical wart treatments (e.g., salicylic acid)

Vitamins

These items are not considered OTC medications. Slim Fast, in addition to the following vitamins, is also approved for use by PRP personnel.

- Multivitamins with minerals (no herbal ingredients)
- Calcium with/without Vitamin D
- Vitamin E
- B-complex vitamins (no herbal ingredients)
- Vitamin C 250 mg (no herbal ingredients)
- Slim Fast (Slim Fast is considered a food replacement)

Miscellaneous

- Eye irritation drops (e.g., Visine, Refresh and Refresh Plus Eye Drops, Tears Naturale)
- Saline nose spray and Eye drops
- Swimmer's ear drops (e.g., boric acid or vinegar solutions)
- Vaginal anti-itch/OTC yeast infection medications (e.g., Gyne-Lotrimin, Monistat 7, Mycelex, Vagisil)



Courtesy photos

Got Referrals?

Lt. Col. Bradley E. Rausch
90th Medical Operations Squadron, Dental Flight commander

Referrals to specialists for off-base dental care will normally be for removal of wisdom teeth or for root canals. Appointments will usually be made for you by the dental clinic at the time of your referral. Otherwise, we will work with your scheduler to determine a time. For those on PRP, their commanding officer will be notified of “PDI for a pending appointment.”

When you are set up for that appointment, you will be briefed by dental clinic personnel on the procedures to follow, after which you will be asked to sign a statement indicating you understand what is required of you.

All PRP members going to an off-base appointment must first sign out at the dental clinic, and upon returning from the appointment must check back in at the dental clinic. You will be given a “Release of Medical Information” form to take with you, and PRP notification will be made at that time. This form is to be filled out completely by the member and the civilian provider so we know what treatment was done. This information will be reviewed by a provider at the dental clinic on your return, and further PRP notification will be made. You must have one of these forms for every appointment, including any follow-ups.

If, for some reason, your appointment goes beyond normal duty hours, you must report back to the dental clinic as soon as possible the next duty day.

A provider at the dental clinic must review prescriptions given by an off-base provider before being filled at the pharmacy.

Failure to return by the given deadlines will result in notification to your PRP monitor and commander. For more information, call the dental clinic at 773-1846.

A Star is Born

Senior Airman Tory Sanders, 90th Logistic Readiness Squadron, will be competing with 70 other airmen for the World Talent Contest that finds members for the Air Force expeditionary entertainment unit Tops in Blue. The singer will join the other hopefuls in San Antonio for a weeklong audition Sunday to March 23 to fill one of 40 to 45 slots.



Photo by Airman 1st Class Lauren Hasinger

AFAF to The Rescue

Tech. Sgt. Johnny Goldfuss
90th Missile Maintenance Squadron

Just in case you don't think the AFAF is worth your time, please read on.

Almost a year ago, my wife Thresa gave birth to our daughter Samantha. Before she was even one day old, Samantha was diagnosed with a blocked intestinal track. Life flight from Denver came up to fly her to The Children's Hospital, and we were scrambling around trying to find someone to watch our three boys so we could join her there. My supervisor ended up watching our boys for us, until my parents could arrive from Nebraska. My wife had just been released from the hospital, with stern warnings not to wear herself out and to rest as much as possible. Swirling through my mind on the way there, was Samantha going to live? How much will TriCare cover? How long will she be there? How are we going to afford this? To make a really long story shorter, Samantha came through the operation OK, and spent the next five weeks in the hospital with both ends of her small intestine sewn to her stomach with the open ends outside.

After about two weeks, my parents had to return to Nebraska and we were on our own. We had three boys to worry about getting to school, a baby in the hospital and a lot of miles between the two. We were burning through our savings with all the driving, more than 200 miles each way from our house in Hillsdale. We were going down Monday, Wednesday, Friday, and both days on the weekend. Luckily, my first sergeant heard of our situation, and set us up for a \$500 grant. After filling out a short application and getting it signed, we returned to the AFAF office where Donna Moore had the check waiting for us. What a relief it was to be able to have access to a helping hand like this. As the weeks dragged on, countless miles, endless fast food or cafeteria meals and long days were taking their toll. Having the grant really saved us from going further into debt.

After another surgery to reconnect her intestines, and four more weeks of hospital rest, we were able to bring her home. My wife, my sons Alex, Derek, Ian, my daughter Samantha and I would like to thank the Air Force Assistance Fund and all the contributors who make it possible to help our own. We appreciated the assistance and urge you to consider pitching to help this year. Who knows, it could be your family you help!

The Can-Can

Airman 1st Class Artise Brown, 90 MDOS, shakes his groove thang on the dance floor during the M.A.D. Crew's Basement party Saturday night. The night included pool, pretty girls, civilians and two rooms in the Trail's End Club. The DJ blared his funky tunes. A great time was to be had at the Basement. If you feel like shaking it like Amn. Brown, come to The Basement Saturday at 9 p.m. Bring your party hat and dancing shoes.



Photo by Airman Tessa Cubbon

It Happened This Week!

March 12, 1946

The Army Air Forces School is redesignated Air University.

March 15, 1950

The USAF takes responsibility for all strategic guided missiles.

March 17, 1971

Jane Leslie Holley becomes the first woman commissioned through the Air Force Reserve Officer Training Corps Program.

March 18, 1945

1,250 bombers escorted by 670 fighters give Berlin the heaviest attack of WWII.

March 18, 1954

Boeing rolls out the first B-52A Stratofortress at its plant in Seattle, Wash. Production continued until 1962.

BRIEFS

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AF Family Child Care Offers Subsidy Program

The Family Child Care Subsidy Program offers parents seeking full-time care at a reasonable cost. Providing affordable childcare for working parents is a priority for Air Force Services, as well as the Warren Family Child Care Office.

Families eligible for the subsidy include those with children through age 5, children with special needs, and children needing care during swing and midnight shifts at installations with waiting lists for the child development center.

For family child care customers, this may reduce the childcare fees currently paid to home providers.

All financial information is calculated within the family child care office. Pro-

viders should not be consulted.

For more information, contact the family child care office at 773-3317.

MCEC Web Page

The Military Child Education Coalition Web page is <http://www.militarychild.org>, where you can find many resources!

There's an "Assessment Resource Center," which has a map of the United States complete with the states' education standards links in an easy-to-read format.

Farther down on the home page is a pamphlet on "How to prepare our children and stay involved in their education during deployment." This PDF file can be downloaded and printed on your computer.

Children (grades 6-9) of active duty military can also apply by May 17 for the 2004 Bernard Curtis Brown II Memorial NASA Space Camp Scholarship.

Guardian

Challenge

Guardian Challenge team announcement will be held March 26 at 4 p.m. at Trail's End. For more information, contact Lt. Col. Tavenner at 773-4976.

Women's History Luncheon Mar. 19

The Women's History Committee will be sponsoring a ChocolateFest luncheon at the Trail's End on Mar. 19, at 11 a.m. The menu features chocolate and commanders are encouraged to bring a guest: an airman, a civilian, or a spouse. The cost is \$12.95 for club members and \$14.95 for non-club members. RSVP to Airman 1st Class Lauren Hasinger at 773-1925.

Suicide Briefing

The annual suicide prevention briefings are mandatory for all active duty members and DoD

civilians.

Attendance is taken and reported back to the Squadron monitors for tracking purposes.

The AF has had a spike in suicides in 2004, so these briefings are critical for all members of the Warren community to recognize the risk factors for suicide as well as the resources available for someone at risk.

Briefings are scheduled for Thursday at 8 and 9:30 a.m., March 19 at 1 and 2:30 p.m., March 24 at 8 and 9:30 a.m. and March 26 at 1 and 2:30 p.m.

Air Force Seeks Former Lowry Employees

The Air Force Real Property Agency wants to interview people employed or stationed at the former Lowry Air Force Base in Denver, Colo.

The AFRPA is conducting interviews to ensure all environmental conditions on the base

have been investigated.

For more information, call Doug Karas, public affairs officer, at 1(800)725-7617 or e-mail doug.karas@afropa.pentagon.af.mil.

Dart Tournament

The club has a Steel-Tip Dart Tournament Thursday nights. It's 501 Blind Draw Doubles. There's a \$5 entry fee and the fun starts at 6:30 p.m. For more information, call Master Sgt. Doug Hall, 90th Logistic Readiness Squadron at 773-4686.

Info Fair Today

The Info Fair, sponsored by the Women's History Month, will be today 10-2 p.m. at Freedom Hall, the new gym. Come experience all the base has to offer: HAWC demonstrations, the Museum, a master gardener, fashion advice and so much more!

*Sure, they look cute and harmless,
But they can be a real hazard on Warren.
So keep your eyes peeled ...*

When Antelope Attack

**Airman Tessa
Cubbon**
Public Affairs

There is a silent danger on the winding, twisting roads of our lovely base and throughout the missile complex. These dangers creep stealthily

through fields and missile sites. They dash across intersections and darkened base streets, waiting for an unsuspecting driver to cross their paths. Then... they attack, causing thousands of dollars worth of damage each year.

Antelope related incidents have become a problem on base. According to Warren Reports and Analysis, there were 22 antelope related vehicle accidents during 2003. The antelope cause minor damage to vehicles, \$100 to \$200 per accident on average, said Mr. Dave Clark, Traffic Safety manager here.

In order to prevent these incidents, wing ground safety organizes briefings



during Right Start and the First Term Airman Center. These briefings illustrate the hazardous behaviors of the antelope and how to stay out of their way.

In the event of an imminent antelope collision, Mr. Clark recommends hitting the antelope instead of running your vehicle off the road.

"If you see one, there are probably more following right behind," Mr. Clark said.

Before the fence along the perimeter of the base was constructed, the antelope would migrate off and on the base



Photos by 1st Lt. Nicole Walters

as they please.

Without the ability to leave base property, the antelope population has increased, which makes driving incidents more likely.

The base is studying ways to better manage the antelope population, finding a balance between safety and a healthy environment for the herd.

"We want to thin the herd, and the base is working on that," said Clark.

The safest way to live harmoniously with the antelope is to be more aware of them when driving on base.

"If you pay attention, you'll see them coming," said Mr. Clark.





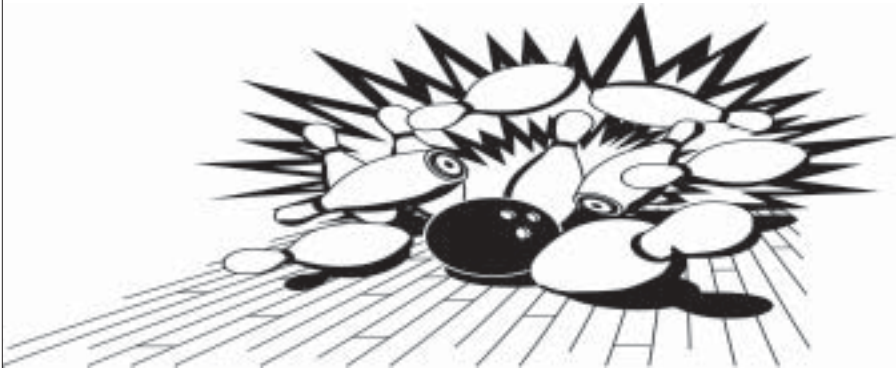
Photo by Airman Tessa Marie Cubbon

Colonel Runnings

Col. Barry Kistler, 90 Space Wing vice commander, and 2nd Lt. David Everson, 90th Services Squadron, ham it up for the camera while applying a running number to Col. Kistler's flight suit. Col. Kistler and Lt. Everson will be running in the Women's History Month Saint Patricks Day Run/Walk: Running for the Clovers, Wednesday on base. Running for the Clovers is a 5k run complete with green t-shirts and prizes. For more information, contact Lt. Everson at 773-2304

Youth Bowling Scores

<u>Pee Wee (Ages 3-6)</u>	
Andrew Mitchell	84 (Average 71)
Heather Simon	81 (Average 68)
<u>Bantam-Prep (Ages 6-11)</u>	
Linzey Hurst	504 (High Series Hdcp)
Chris Bray	494
Brandyn Hall	187 (High Game Hdcp)
Sabrina Sawicki	185
<u>Junior-Major (Ages 12-21)</u>	
Joel Pushcar	698 (High Series Hdcp)
Michelle Keney	620
Danny Robinett	255 (High Game Hdcp)
Stephanie Hereford	221



3*6

Test Uniforms Soon to be Arriving at Elmendorf

Senior Airman Austin May
962nd Airborne Air Control
Squadron

ELMENDORF AIR FORCE BASE, Alaska — In early 2002, the Air Force chief of staff and the U.S. Air Force Uniform Board put together a uniform that met distinct criteria. It had to be better fitting, less expensive and easier to maintain, and specific to the Air Force.

Elmendorf is one of the nine testing sites for this proposed utility uniform.

The 200 Airmen here who recently participated in a fit test for the proposed blue, green and gray ensemble will soon be wearing the uniforms while performing their various day-to-day tasks.

Senior Master Sgt. Jaqueline Dean from the Chief Uniform Board Office at the Pentagon is overseeing testing Air Force-wide. According to her, the uniform has gotten mixed reviews.

"A lot of people are concerned about the colors," Sergeant Dean said. "They want to know what we are trying to camouflage ourselves against."

Sergeant Dean's defense to this is that 97 percent of the Airmen today do not need to be in a camouflage uniform on a day-to-day basis.

"This uniform is for those 97 percent," she said. "Obviously the other 3 percent, when needed, will deploy in a more camouflaged uniform."

The colors, however, are not the only things raising a voice among Airmen.

"The biggest controversy about the new uniform is, of course, the colors," Sergeant Dean said. "And the second is the hat. People want to know why, if we're trying for an Air Force-distinctive uniform, (we are) using the

Seabee-style hat that the Navy and Marines wear."

Those not in favor of the eight-point-style hat, or any other aspect of the uniform for that matter, are not without a voice.

"On April 1, we're going to be putting out a Web site that anybody can get on and give us their feedback," Sergeant Dean said. "Anything you would like to see or think you need in this uniform, tell us. We're encouraging people to get on this Web site and give us their opinions."

This is the first time Air Force leaders have asked their Airmen's opinion on a uniform issue and because of that, it is extremely important that people take advantage of this unique opportunity, Sergeant Dean said.

"I'm not saying that all the decisions on this uniform will be based on what (people) like or dislike, but at least they're asking for our opinion; so I feel we need to at least give them that," Sergeant Dean said.

While opinions of the new uniform vary throughout the Air Force, those who have had the opportunity to participate in the fit test here expressed very positive comments and all agreed on



Photo By Staff Sgt. Prentice Colter

Fitting in

ELMENDORF AIR FORCE BASE, Alaska — April Schuffe adjusts the length on proposed uniform pants here. The Air Force Clothing Office and the Air Force Uniform Board teams collected data and measurements to select wear-test participants. Ms. Schuffe works with the Army and Air Force Exchange Service.

a few key points.

"The pants with the elastic fit better than the current ones," said Airman Cory Laflamme of the 3rd Civil Engineer Squadron. "Plus, you can tell the difference between us and the other services. We'll stand out."

Senior Master Sgt. David Carlson of the 3rd Mission Support Squadron was the project officer for the fit test.

"Just about every participant was upbeat about the new uniform and excited for an opportunity to wear-test the uniform," Sergeant Carlson said. "Most people like the new material and say it's more comfortable than the current (battle dress uniform). They

also like the idea of the ease of maintenance."

Some features for the proposed uniform, other than the new material and pattern, are designed for easier use in the varied working environments found throughout the Air Force.

Deeper pants pockets allow for more storage, while a second, smaller pocket inside the trouser cargo pockets is designed to hold some common tools. There is also a pen holder inside the blouse.

The new uniform will not have any patches sewn on, with the exception of rank, name and U.S. Air Force tapes, and possibly specific occupational badges for career fields, such as firefighters and security forces.

SWLIP

<http://www.warren.af.mil/leadership/index.html>

Warren Fireman Loves Eegees, Wears Pink Shoe Laces and Asks Interviewer to Dinner

The busiest floor mopping fireman at Warren, Airman 1st Class Justin Koch, 90 CEF, took time out of his busy day to sit down and chat with Airman Tessa Cubbon. The topics ranged from dinner invitations to their mutual hometown's world famous Eegees and to rock stardom.

What's the best part about being in the Air Force?

"I like getting a solid paycheck every month."

Other than Warren, where's the coolest place the Air Force has taken you?

"Texas. I was in Basic Training and Tech. School there."

What's your favorite part about your job?

"There's a lot of stuff I like about it. Having someone's life in my hands."

If you could invite anybody on base to dinner, who would it be?

"You."

Really?

"Yeah."

What would we eat?

"I don't know, what do you like?"

Where do you see yourself in five years?

"I'd like to have a record deal singing."

Like N'Sync or Charlotte Church?

"No, I'm more alternative punk. I love to scream."

Do you plan on retiring from the Air Force?

"Oh, absolutely."

If you could have dinner delivered to you from anywhere in the world tonight, where would it be from?

"My hometown, Tucson, Ariz. That's the only place in the world where they have Eegees. It's has the texture of snow but it's flavored. I love the Strawberry and Lemon. Eegees is swell."

Name three things that are on your desk right now?

"I don't know. I don't really look at my desk. There's probably a monitor and a mouse. Might be some bills."

What was the last movie you saw at the theater?

"I can't answer that. All I can say was I watched it with my parents. Think Disney."

In your opinion, what is the greatest book ever written?

"Hmm... There's a couple. I want to say 'Animal Farm' by George Orwell."

What's something the people you work with would be surprised to know about you?

"They already know I wear pink shoe laces, so..."

If you could experience any moment in history what would it be?



"I would like to have fought in World War II."

What's your life's motto?

"Trying is the first step to failure."

What did you do before you joined the Air Force?

"High school."

What's your secret to a good uniform?

"Don't do anything to it and it'll be fine. Seriously, I had a sergeant come in and compliment my uniform, and I really don't touch it."

When you were a kid, what did you want to be when you grew up?

"A professional musician, because it doesn't sound as childish as a rock star."

What CD do you have in your stereo right now?

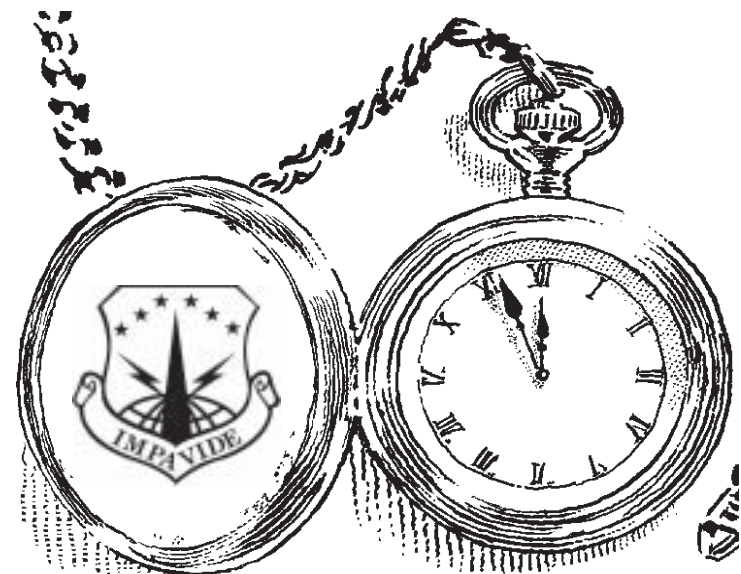
"It's a mixed CD. It has a bunch of cool bands, including Taking Back Sunday."

What would you do with a time machine?

"Go back to Pearl Harbor."

With the weather warming up, how do you feel about flip-flops?

"Just don't wear them with pants."



Give me Your
Two Cents

What can you
read over
and over again?



“Huckleberry Finn.’ Any book by Mark Twain is good.”

-- Airman 1st Class
Paul Maxwell,
90 MSFS



“The Da Vinci Code’ and Angels and Demons’. There’s so much symbolism.”

-- Ms. Pat Johnson ,
90 SVS



“The Cabelas catalog. It’s a man’s dream.”

-- Master Sgt. Martin
Patterson
90 MSS

Q - I am retired from the Air Force and my wife and I want to know if she can use the dining facility. We come up from Fort Collins often and it would be nice to visit the dining hall on occasion.

A - I tell you what, you sure came to the right place! She certainly can join you at the dining hall. According to the AFI, it’s up to the base commander whether retirees and members in their immediate family can use base dining facilities. And our commander has given the green light. If I were you, I would try to make it up here for breakfast one of these days. Breakfast at Chadwell Dining Facility is the best there is. They also serve a sandwich bar for lunch stocked with loads of breads, cheeses and lunch meats. As for dinner, the ethnic food days featuring delights enjoyed in such places as Mexico and China are pretty darn tasty. So the next time you and your wife are in the area stop by the dining hall and try out some of the goodies they have to offer.

e-mail Lauren Beth at lauren.hasinger@warren.af.mil

Ask Lauren Beth



If she doesn’t know the answer, there isn’t one.

Hoops’ Shots Part Duex

HOOPS, From Page 2 —

have our standard to follow: 0-0-1-3. In addition, we have an incredibly energetic team dedicated to providing fun and safe alternatives. I’m talking about the MAD (Make A Difference) Crew. Last Saturday they hosted a dance event at our Club open to downtowners, with two DJs on different floors, pool, food and even a bar that followed 0-0-1-3. Internal security was run by MAD volunteers with no incidents occurring. More than 120 people showed up with about a 50-50 mix of men and women. They even had alternative transportation ready when needed. All of this was on-base at a cost of \$3 or less.

They’ve got a lot more events planned and are always open to your suggestions. I highly encourage you to consider a MAD Crew event as your first alternative to just going out and getting drunk. You’ll have a great time.

I certainly had a great time visiting with the external security crew at the checkpoints, in the guard shacks and at the front gate. All of them were volunteers dedicated to supporting our youngest airmen. Their warm generosity made a wicked cold wind seem not so bad. My hats off to:

- Exterior Security
- 1st Lt. Drew Eubank, 790 MSFS
- 1st Lt. Tom Sebastian, 90 SSPTS
- Master Sgt. Kent Holzapfel, 90 SSPTS
- Master Sgt. Pat Johnson, 790 MSFS
- Gate Security
- Staff Sgt. Jon Becker, 790 MSFS
- Staff Sgt. Justin Dunbarr, 790 MSFS
- Staff Sgt. Nick Jump, 90 SSPTS
- Senior Airman Bruce Cunningham, 790 MSFS
- Airman 1st Class Stephen Vacheresse, 790 MSFS

- Interior Security
- Staff Sgt. Christopher Sterie, 790 MSFS
- Senior Airman Jeremy McDowell, 790 MSFS
- **Airman 1st Class Jamal Avington, 790 MSFS
- Airman 1st Class Sarah Hayhurst, 790 MSFS
- **Airman 1st Class Donald Hodge, 790 MSFS Crew Leader
- Airman 1st Class Justin Lopez, 790 MSFS
- Airman 1st Class Justin Moore, 790 MSFS
- **Airman 1st Class Pedro Palmer, 790 MSFS Crew Leader
- ** Also “founding members” of the MAD Crew

In addition, the following are key MAD Crew leadership who are anxious to hear your ideas:

- Airman 1st Class Tiffany Miller, 90 MDG MAD Crew Leader
- Airman 1st Class Artise Brown, 90 MDG MAD Entertainment Leader
- Senior Airman Benjamin T. White, 90 CES DJ Support/Electrician
- Airman 1st Class Sunny Sirimanochanh, 90 CES DJ/Entertainment
- Airman Jarrad Vilardi, 90 CES MAD Marketing Leader
- Airman 1st Class Veronica Reyna, 90 SSPTS Security/Support
- These people stepped up to our challenge and are my personal heroes for doing what their names suggest - Making A Difference. Well Done!

-Col. Hoops